

Wellman Union CISD School Health Advisory Committee (SHAC)
January 29, 2025
Minutes

1. Welcome
2. Call to Order – 3:02pm
3. Review Minutes from Previous meeting
 - a. Mrs. Brown reviewed minutes from previous meeting.
4. Review District Wellness Policy – Triennial Assessment Report
 - a. Mrs. Brown shared the Wellness plan which includes goals and Strategies for Nutrition Promotion, Nutrition Education, Physical Activity, and Other School Based Activities. No action needed
5. Updates from Mrs. McCrary – Nurse
 - a. Girl and Boy Talks – 4th & 5th Grade – We will use same curriculum as last year. McCrary will give talk to girls and Roger Chase will give talk to boys. Mrs. McCrary will schedule required CPR certification for the Seniors at end of April or beginning of May. She will begin spinal screenings on girls ages 10 & 12 and boys 13 & 14.
6. Updates from Mrs. Becker – Counselor
 - a. Mrs. Brown provided update for Mrs. Becker. Teen Dating speaker is scheduled for April 18th for secondary. We will complete Spring Universal Screener in March.
7. Updates from Child Nutrition
 - a. No updates at this time
8. Fitness Gram
 - a. Coach Carter and Coach Bailey will complete this Spring.
9. Next Meeting (May)
10. Adjourn – 3:08pm